

# The Antsy Pants™ Potty-Ready Quiz

Do you feel totally in the dark about when to start potty training? Want to get some idea how difficult your child will be? Here's your chance to figure out an answer to both. Good luck, I've got my fingers crossed for you!

## ***Instructions***

Give each question careful consideration and decide where your child's attitude falls along the continuum between the two responses. Once you have marked a response for each of the four questions, add the numbers together to get your child's total Potty-Ready Quiz score. Once you have the total, go to the next page to read the results for your child's score.

## ***The Quiz***

### **1. How easily can you get your child to do what you want?**

1	3	5	7	9
Very easily				With great difficulty

### **2. How comfortable is your child with being dirty?**

1	3	5	7	9
Very uncomfortable				Very comfortable

### **3. Does your child know when he has eliminated?**

1	2	3	4	5
Always				Never

### **4. Does your child seem upset when he tries to poop?**

1	3	5	7	9
Not at all upset				Very upset

## ***Your Results: How Difficult Will It Be To Potty Train Your Child?***

### **Motivated - 4-9 points**

Your child will very likely take readily to using the potty. In fact, your child may even be relieved to know there is an alternative to diapers. You just need to decide what approach is right for your family and set aside some time. If you haven't geared up yet, now's the time to do it.

If you find that your child is willing to go potty when asked but cannot hold her bladder overnight, Antsy Pants™ work great as night-time diapers and are flexible enough to use with even heavy wetters. If your child takes to using the potty when asked but does not seem to be catching on to the need to eliminate, consider transitioning to Antsy Pants™ and allow your child to "have accidents" in them occasionally to build an association between the body's elimination cues and wetting, without creating unnecessary stress for your child nor big messes for you.

### **Accepting - 10-15 points**

Your child may be willing to learn to use the potty, if you approach potty training in a positively reinforcing way and make it fun and free of stress.

The last thing you want to do right now is give your fairly positive child any reasons to avoid going potty. While your child is generally on board to start potty training, it may take longer than you anticipate, especially when you count the finish line to fully potty trained as the point at which your child can stay completely dry overnight.

Antsy Pants™ can reinforce your child's learning and be there for as long as it takes to achieve daytime and nighttime dryness.

## **Reluctant - 16-22 points**

How patient are you? And how motivated are you to have your child potty trained? If the answer to both questions is "very" then by all means proceed with caution. Just don't expect that potty training will be a walk in the park. You will need to put effort into convincing your child that pee and poop go in the potty.

In all honesty, traditional potty training will be at best difficult with your reluctant child. That doesn't mean you can't make progress, but it will likely be slow, two-steps-forward, one-step-back progress. Why not give yourself and your child the best in gear to reinforce a more passive learning technique with Antsy Pants™ Wetness Feedback?

## **Refusing - 23-28 points**

Happy, easy potty training is just not in your cards right now. Unless you have the patience of a saint and a great deal of experience teaching headstrong toddlers, now is not the time to attempt potty training in the conventional sense. Keep tabs on these four indicators, though, to get a feeling for when your child may be more receptive.

If potty training in the conventional sense focuses on activities to teach skills, then consider taking a very different and much more passive approach to teaching one of the most important potty skills, identifying the need to eliminate, using Antsy Pants™ Pull-Up Cloth Diapers.

## ***Summary***

Every child is unique, with a set of priorities and opinions special to just them. Change happens so fast when they are little that it may sometimes seem like you get a new kid every six months. We hope you have found the Potty-Ready Quiz helpful in understanding where some potential potty training difficulties may

come from. This is just a starting point so you'll know what you may be in for, and just a little taste of how you might best approach potty training with your unique child.

To learn more about the benefits of diapering with Antsy Pants™, visit <http://getantsy.com/>.

### ***About The Author***

Renee Tice is a Director at Fly Baby, LLC, Manufacturer of Antsy Pants™ and the business entity behind <http://GetAntsy.com>. Renee developed the patent-pending design that became Antsy Pants™ Pull-Up Cloth Diapers to fill a need when her own child began potty training, and has enjoyed the process of bringing the design to market. Her observations on the factors that influence ease in potty training form one portion of a unique skills-based approach to stress-free potty training that can be used successfully with even very young children to promote early daytime dryness well before they exhibit the “signs of readiness” touted by most well-known potty training methods.